

The Lyme Light

A publication of the Lyme Community Foundation, "To enhance and support the community through cooperation, learning and enrichment."

Town of Lyme, NY.

July 2023

www.lymecommunityfoundation.org

Volume 25, Issue 5

Village of Chaumont

Village Beach

Available slots for scheduled events at the Village Beach are filling up fast! Call the Village Office at (315) 649-2900 to schedule your August events and to request special accommodations. Scheduled events are \$25.00+ depending on event type.

The beach is officially open (with lifeguards on duty) through Labor Day! Beach fees for non-residents are \$1.00 per person, \$5.00 for groups 5+, and children accompanied by a parent are free. Village residents may obtain a seasonal beach pass free of charge at the Village Office.

2023 Lyme Community Days

This year's Chaumont–Three Mile Bay Community Days will be on July 29th with a craft fair, farmer's market, fireworks, food, and family fun! Thank you to our Chamber for all of your hard work and dedication in implementing this well-loved event in our community.

Townwide Yard Sale Days

Sat. August 19th and Sun, August 20th - 9AM to 5PM Chaumont, Three Mile Bay and surrounding area. Interested residents **MUST REGISTER** to be included on the map. Registration is **FREE**.

Maps will be digital this year and available on the Chamber website. www.chaumontchamber.com. Register your sale at Gouverneur Savings and Loan, Chaumont Branch or via email to: fitzmefine@msn.com.

Spotlight: A Friend of the Lyme Community Foundation

Twenty-five years ago when the Lyme Community Foundation was created, Cindy Ahlheim and her late husband Norm were two of its first financial supporters.

"We always liked what the foundation was doing to provide programs for all ages," said Cindy. "I give every year to the foundation, the library and other local organizations. By working together, we make Lyme a wonderful place to live."

The foundation's annual appeal letter will be mailed to Lyme residents and donors this month. Friends can also donate online at www. lymecommunityfoundation.org/donate.



Farmers' Market

At the Lyme Community Center 12030 State Route 12E, Chaumont, NY

Fridays 11AM-5PM

Free to Vendors. Reserve your space now. Please contact Barb Collins 585-455-2171

Lyme Community Center Programs

The Lyme Community Center is the best place in town to get to know your neighbors! We have so much going on – stop in to see what we are all about!

Please utilize the Lyme Community Foundation site's calendar as a digital clearinghouse community wide. If your organization would like to add information to the calendar, please contact our calendar guru at <code>susantontarski@gmail.com</code>. Your Lyme Light calendar is always a good place to start when planning events.

The Office for the Aging free lunches have been a lot of fun. Eating a great meal is just an extra benefit! The activities begin at 11:00 AM. To register or for more information, contact Jim Morrow at (315) 405-5074 or email *j25morrow@gmail.com*. Upcoming meals (subject to change) are:

Date of Meal:	Reservation due by:
July 10	July 7
July 24	July 21
August 7	August 4
August 21	August 18

Copley House Garden is hopping this summer!

Join Corrine Conklin for a floral arranging class on Wednesday, July 19th at 11:30AM. Cost for this class is \$45. For more information, please contact her at coryconklin11@gmail.com.

Yoga with Leah Walldroff will continue on Tuesdays and Thursdays at 9 AM. Please contact Leah at 719-659-2155 before coming to class the first time. She only teaches if she has three people attending. \$10 per class.

Maria White's 10 AM Wednesday Pilates classes will be held in the garden as weather permits. Contact Maria at 315-778-3233.

Mary Clark, Certified Personal Trainer, will be offering a Total Body Workout/Cardio class Tuesdays and Thursdays at 8 AM. She will have a Boot Camp Saturdays at 8 AM. She offers one on one training as well. Classes are \$10. She needs a minimum of 3 to hold class, so please contact Mary at *ltmac727@gmail.com* or 315-405-5653.

Miss Cindy will have dance on Thursday mornings in July with a performance Friday afternoon, July 28th, in the Copley House Gardens. Contact *fabfeet2@yahoo.com* for information and schedule. We will also do

a craft and make scenery for the show. The theme will be "Let's Go to the Movies!"

Lunch Bunchers will meet at the Copley House July 25th at 11 AM to carpool to the Shangri La for lunch. Let Beth (email below) know if you can attend. We hope to see you there!

Game nights (Bunco) are Third Thursdays and you don't need to know a thing about Bunco to play! Join us July 20 at 6:30 PM (BYOB – adults only).

The Farmers' Market begins continues each Friday from 11 AM - 5 PM. Please contact Barbara Collins at 585-455-2171 for more information.

Do you wish there was a way to connect with people who share your interests? We would love for you to start a group at the Lyme Community Center. Whether it's for young mothers, newcomers, or college age young adults who don't know anyone in the area, we have the place for you to meet – and it's for free!

Contact Beth *LymeCCPrograms@gmail.com* to get more details about ongoing programs or with ideas to start a new group.

Village Refuse & Recycling
Pick up - Wednesdays - 7AM start
Brush pickup - last Thursday of
each month through October 26

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- Electrical - Tools

Rental EquipmentPropane

Bait & Tackle - Grills



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Mary Clark

Certified Personal Trainer

Offering one on training & group training.

Contact at

315-405-5653

or

ltmac727@gmail.com

Website:

goalpatrol727.com

President's message

I am looking forward to the coming year as president of the foundation. I want to acknowledge our former President Paul Carr and my fellow board members, as volunteers these individuals give of their time to provide community events and opportunities. I am proud of our mission which is dedicated to "enhancing and supporting the community through cooperation, learning and enrichment." I intend to continue to support and further grow our community involvement and welcome all interested community members to participate.

We have the work on the new handicap ramp underway and thank our many supporters including Whites Lumber, Lyme Central and the Northern New York Community Foundation. A future Lyme Light will recognize our many, many individual donors. The community thanks you!

Mark your calendars for our summer fundraising event, Guiding Lights Gala, which will take place August 18th at 6pm at the Copley House in Chaumont. We have planned an elegant evening featuring live music, a silent auction, cocktails and appetizers in memory of Billy Patterson. Billy was a much loved member of our community. If you have an interest in being part of our fundraising committee please contact me.

Chris Rowland

Lyme Community Foundation
incoming president

Scholarship winners

Congratulations to Denilson DaSilva and Zarabeth MacMillan who were the 2023 recipients of the Lyme Community Foundation Citizenship and Service Award at the Lyme Central graduation ceremony on June 23. Denilson and Zarabeth were each awarded a \$250 scholarship. Each year the Lyme Community Foundation awards scholarships to students at Lyme Central School

based on an application and an essay from students.

Denilson DaSilva

Denilson participated in baseball, basketball, soccer and even played football his senior year. He also participated in Skills USA at BOCES. His hobbies include hunting, fishing and sports.



He has acquired many skills and certifications during his time at BOCES. He is currently employed at OD Green Lumber Yard in Sackets Harbor.

Denilson was a volunteer with the Watertown Wolves fan and the coach said he would do anything for the team. He was then promoted to equipment manager for the 2022-2023 season. The coach stated that Denilson had a positive attitude, was always prepared, was respectful and had a hard work ethic. What a wonderful role model for others.

Denilson attended BOCES for HVAC and his career goal is to be a HVAC/Plumbing Journeyman or own his own business someday. He stated that he would use the scholarship money to purchase new tools and plans to give back to the community by providing heating, ventilation and air conditioning services in the community. Best of luck to Denilson in his future career!

Zarabeth MacMillan



Zarabeth has been active at Lyme by participating in soccer, basketball and softball. She was also a member of a traveling softball team. She learned how to juggle school, sports and work and has shown that with hard work and determination you can be successful while being involved in a variety of activities.

Zarabeth is currently employed at Cracker Barrel. She plans to attend Jefferson Community College, continue working at Cracker Barrel, and is hoping to get her first apartment. Zarabeth plans to use her scholarship money toward purchasing books, purchasing a lap top, and paying for items for her new apartment.

Zarabeth's manager at Cracker Barrel is very impressed on how much she has grown since she first started. She stated that Zarabeth has learned the importance of communication and how it can impact your relationship with co-workers and customers. She is a positive role model to others and we know that she will be successful in anything she attempts. Best of luck to Zarabeth!

Town of Lyme Transfer Site

HOURS: Sunday: 9 AM - 4 PM

Monday: Closed Tuesday: 9 AM -1 PM Wednesday: 9 AM - 4 PM Thursday: Closed Friday: 9 AM - 1 PM Saturday: 9 AM - 4 PM 4 - Lyme Light - Vol. 25, Issue 5 - July 2023

Lyme Free Library

July 2023 315-649-5454 www.lymefreelibrary.org

Library Hours & Information

Monday - 10AM to 4PM Wednesday - 10AM to 6PM

Tuesday - 10AM to 8PM Friday - 10AM to 8PM

Saturday - 10AM to 4PM



100 Year Anniversary Fundraiser! Northern New York Community Foundation Endowment Fund Match

What could be better than making a gift to support your community? How about getting that gift matched for double the impact? Make a donation to the Library's Endowment Fund, & The Northern New York Community Foundation will match it!

Susan Mathis - Author of the Thousand Islands Gilded Age Series Meet & Greet!

Susan G Mathis is an international award-winning, multi-published author of stories set in the beautiful Thousand Islands, her childhood stomping ground in upstate NY. Susan has been published more than twenty-five times in full-length novels, novellas, and non-fiction books. *Thursday, July 6th at 11 AM*. Susan will have books available for sale.

Book Sale, Authors, Artists, Crafters, Raffles, Art & Antique Auction.



August 12th 9 AM to 2 PM.

(Free 10ft x10ft Spaces for Artists,

Crafters & Authors! Please call the Library to register.)

Can & Bottle Drives!

June 30th to July 10th September 1st to 11th Please place Cans & Bottles in the trailer in our parking lot. Thank you for your support!

O'Reilly Prints

Check out the new prints for 2023 on our website!

Birds, Reptiles, Invertebrates and
Mammals - Presented by Zoo NY July 7th at 2 PM. FREE!
Paint a wooden snake after the program. Please call the Library to register.

Story Times

Please call the library to register for all Programs. Parents/Guardians MUST stay at the library during the programs

STORYTIME STORYTIME

Weekly - Wednesdays - Ages 3-5 - 11 AM Princess Story Time and Crafts - Ages 4-10 - 1 PM - July 21st Mermaid Story Time - Ages 4-10 - 2 PM - August 2nd

Book Signing and Discussion with Randy McIntyre, author of "A Walk Through Time: A History of Watertown."

Mr. McIntyre has created is a well-researched book on the history of Watertown, from its pioneers, what made it grow and what made it special – from its people, factories, buildings, events, natural disasters – and what it could have been as he explores its lost architecture. *July 11th at 6 PM*.

Astronomy Classes, presented by John Rusho

Tuesdays in August. Attendance at all 4 sessions is not required. Class Time: Indoors 7 to 8 PM at Lyme Free Library. Optional Outdoors 8:15 PM at Rusho Home. Ages 12 and over. Registration is required, more details on our website.

Essential Oil Make & Take Class

July 25th – Spa Day at the Library

Come learn how to use pure essential oils to make your own spa products! We will be making essential oil infused beauty serum, body butter, sugar scrub, and dry shampoo. The cost for this class is \$20 and all materials will be provided. 7 PM. Please call the Library to register.

Summer Reading Program

Join us for Summer Reading Fun with Mrs. Heidi Heisler. Children in grades K to 5 are invited to attend. Participants who attend 3 of the 4 sessions during July & August and keep a reading record will earn a \$10 gift card to Barnes & Noble Bookstore. Please call the Library to register.

Library Trivia Night

Join us on August 17th at 6:30PM at The Crescent for a night of Trivia!

www.lymefreelibrary.org - 315-649-5454

The Lyme Free Library Is 100 Years Young!

The Lyme Free Library is celebrating a very special birthday this year. During our 100th anniversary year, we hope to recognize what the Lyme Free Library has represented to all our neighbors throughout the



years, as well as what it will

continue to evolve to be during its exciting future. Several events and activities are in the works to help celebrate. We will keep you posted!

We hope you enjoy this fourth in a series of Lyme Light vignettes regarding the library's history – from its early beginnings – to the modern and invaluable community resource it has become today. We would like to recognize and thank the Lyme Heritage Center for graciously supplying the resources used in compiling many of these vignettes.

#4 – The 70s – An Era of Community Teamwork

Due to community-wide support, the 1970s brought tremendous growth to LFL. Donations included a magazine and record racks. In 1972, an old shed was demolished and the Gagnon Room completed. In 1973, shelves made by Jefferson-Lewis BOCES students and new electric wiring were installed. Later that year, through the efforts of then Town Supervisor, Donald DeLaurier, a Town revenue sharing agreement was enacted.

A new card catalog was purchased in memory of LFL Lifetime Trustee, Louise Tyler, and tables and chairs for the children's department purchased from the Maurice Carney Memorial. Under the supervision of Charles Carr, Girl Scout Troop 304 tackled Library landscaping. Town workers teamed up with community members on interior painting. Storm windows were installed and the construction of a conference room had begun. In the summer of 1974, the Library received a new furnace, donated by Dr. and Mrs. Wesley White, Pillar Point.

Nineteen-seventy-four also marked Chaumont's Centennial, and the Library took an active role in the celebration. A story-book float, designed by Lilly Hans, was entered in the Centennial Parade. An Open

House was held at the Library, with several attendees decked out in period costume. Another Open House held in August 1975, honored Mrs. Augustus Shearer, the daughter of original Library donors, Mr. and Mrs. Austin Rogers.

By 1975, LFL circulation had climbed to 19,510. However, the severe winter of 1976, coupled with a local flu epidemic, slowed down plans for other improvements.

Coming Next: The Library as Community Partner and Resource

Summer Sailing Programs

Sailing programs for Youth to Adult!
All abilities are welcome!
No previous experience required!

What/When:

 PBJ: Saturday Mornings for our youngest Sailors (Ages 4-6)



- RACE TEAM: Wednesday/Friday

Evening Ages 8-18 (previous sailing required, no racing needed)

 ADULT: Monday/Tuesday/Thursday Evenings (16 & older)

To learn more about the programs or to register, visit us at: cycjuniordivison@gmail.com or www.juniordivision.org

Our Mission:

To instill a lifelong love of sailing in a safe, fun, and educational environment.

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Rande S. Richardson

Executive Director

CYC Junior Division

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Lyme Heritage Center

The Lyme Heritage Center volunteers are available to assist in genealogical, or historical research on Monday, Tuesday and Thursday from 10 AM to 12 PM and on Wednesday from 1 to 3 PM. Please note that Thursday 10 AM to 12PM is a newly added session. You are encouraged to come to browse our hundreds of binders on local people and history.

We have been very pleased to welcome many visitors to our programs and research facilities this year. For the July 16th program we are delighted to welcome back our friend, Dr. Laurie Rush.

Dr. Rush says: "For thousands of years, indigenous people lived in the Great Lakes region. As we gain more and more respect for their relationships to the land we realize how much we can learn from their examples. When the first Europeans arrived, they described a wilderness, but in actuality, they were entering a carefully managed landscape of forests and fields, plantings and harvests. If we look thoughtfully, we can still see evidence of these activities today."

Dr. Laurie W. Rush is the Cultural Resources Manager and Army Archaeologist stationed at Fort Drum, NY. She holds degrees from Northwestern University (Ph.D. and MA), and Indiana University Bloomington. At Fort Drum she manages cultural property on over 100,000 acres of military land, including nearly 1,000

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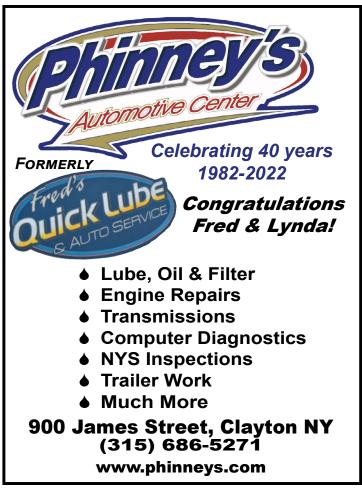
www.baybreezegolflinks.com

archaeological sites including five historic villages and over 360 farmsteads lost during the 1941 expansion of the military base; she also manages the LeRay Mansion Historic District. Dr. Rush specializes in the local history of Jefferson, Lewis, and St. Lawrence Counties, NY. As Native American Affairs Liaison for the Garrison Commander, she manages all diplomatic relations between the Tenth Mountain Division and federally recognized tribes with ancestral ties to Fort Drum land.

The upcoming programs will be archaeologist Ken Knapp on August 20 and video tour of historic Chaumont on Sept 17.

As always, the programs are free and open to the public. Please come and spend some time with us.





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Lyme Food Pantry

The Lyme Food Pantry participated in the successful 2023 Lyme School Health Fair. The Pantry's display of healthy snacks (apples, raisins, granola bars, and bottled water) attracted "hungry" visitors.

The following handout was given as to what is generally available for those in need of healthy foods:



- Canned ravioli, spaghetti and meatballs, hash, stew, tuna fish, chicken
- Cheese, hamburger, hot dogs, pork chops, sausage, bologna, ham
- Peanut butter, jelly, bread, boxed mac and cheese, hamburger helper
- Spaghetti, ziti, macaroni, shells, noodles, rice, mashed potatoes
- Canned fruits apples sauce, peaches, pears, pineapple,
- Canned vegetables- peas, carrots, green beans, corn, diced tomatoes
- ➤ Beans- chickpeas, pork and beans, chili, black beans, peas
- > Fresh fruits- vegetables- lettuce, carrots, celery, onions, apples, oranges
- Soups- chicken noodle, vegetable beef, cream of mushroom, chicken, tomato, cracker, and others
- Breakfast food- Eggs, dry cereals, pancake mix, syrup, breakfast bars
- Condiments-mayo, ketchup, mustard, salad dressings, oil, gravy
- Drinks- coffee, tea, hot chocolate, milk voucher, juice and soda
- Dessert and snacks- brownie and cake mix, cookies, jello, pudding, popcorn, snack bars, chips, frosting, sugar
- Household supplies-toilet paper, tissues, shampoo, deodorant, toothpaste, bath soap, dish washing and laundry detergent

The Pantry always gladly appreciates donations in both food (can add whatever you like even if not on the list). Monetary donations can be sent to: PO Box 176, Chaumont, N.Y. 13622. Telephone 315-649-2424.

Thanks to all for your support as always.

Harriet's Angels

Lyme Food Pantry Contact information Contact info: Mailing Address

Phone:

315-649-2424 (please leave a message)

Mailing Address: Lyme Food Pantry PO Box 176 Chaumont, NY 13622

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The Lyme Light

Publication month

August 2023

Sept/Oct 2023

Nov/Dec 2023

Article submissions

Friday, July 7

Friday, August 4

Friday, October 6

Questions on submissions, please email *lymelightnews@gmail.com*. *Thanks!!*

To submit to the Lyme Light

For articles/announcements:

Please send your articles to lymelightnews@gmail. com. Articles should be about 350 words, maximum. For included pictures, reduce the total words by about 30 words per picture.

For sponsorship:

Please send questions concerning sponsorship of the Lyme Light to Paul Carr, pgc3@cornell. edu. Sponsors can submit a complete graphic or a graphic can be constructed from their logo and other pertinent information provided to the editor.



OBI update

Founded in Chaumont and one of the area's only all-volunteer land trust organizations!

Our popular summertime gathering for supporters - This Year Celebrating 30 Years of OBI Land Trust.

Monday, August 7, 2023

Wise Guys Ristorante - 5:30 - 8 PM

Guest Speaker: Jamie Brown, NYS Program Manager for the **Land Trust Alliance**.

Please visit our website at obilandtrust.org or send inquiries to info@obilandtrust.org.





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Lyme Garden Club

"In nature nothing exists alone." Rachel Carson

The Lyme Garden Club is back for the summer! We would like to thank everyone who helped to pick up flowers at Five Corners Greenhouses and then planted the 28 town planters and 7 gardens. Thank you to Five Corners Greenhouses, who grew our flowers this year. The planters and gardens would not survive if we didn't have the volunteers who maintain and water throughout the summer. Thank you for giving your time and energy. A special thank you the anonymous person who is helping to water the planters in Three Mile Bay-it is very much appreciated! Besides the volunteers who keep the gardens looking great all summer, thank you to Yard by Yard and Adam Brown for mulching the gardens. A final thank you to Pat Weston and his crew for placing the planters along Route 12E in Chaumont and Three Mile Bay. The Lyme Garden Club appreciates all the help in making the Town of Lyme beautiful. If you would like to join the LGC, email us at *lymenygardenclub@gmail.com*. If you are interested in the following activities, please RSVP at our email address.

- ★ Visit member gardens Christine Palumbo July 5
- ★ Visit Peggy Giles's cutting garden & meeting July 12th, 4-6 PM
- ★ Thousand Island Park Landmark Society's 19th Cottage & Garden Tour, Thursday, July 20th. People have to get their own tickets but we can carpool from Three Mile Bay boat launch for afternoon tour. www. thousandislandparklandmarksociety.org
- ★ Fred Hall's Hosta garden *Tuesday*, *July 25th*, 6 *PM*.
- ★ Trip to Enchanted Edible Forest at Cross Island Farm with OBI, *Saturday, August 19th, 10 AM*, leaving from Copley at 9 AM, Space is limited and RSVP required.

Check out our Facebook page for up-to-date LGC activities. Happy gardening!



We offer many homestyle cooked meals.

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KIDS & SENIOR Portions Available

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Hours:

Friday & Monday 11AM-8PM Saturday 8AM-8PM Sunday 8AM-2PM

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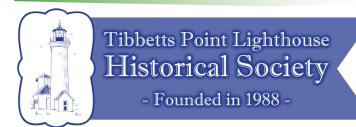


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Tibbetts Point Lighthouse Historical Society Events



1000 Islands Cycling Tour

Saturday, July 15th, 10 AM start

The Cycling Tour is just a family-friendly ride through the village of Cape Vincent with a voluntary Scavenger Hunt based on historic events and people of the area. It begins and ends at Tibbetts Point Lighthouse.

Jean Cougler Day Ice Cream Social Sunday, August 13th, 1 PM-4 PM

Jean Cougler Day Ice Cream Social is a way for Tibbetts Point Lighthouse Historical Society to give back to our lake and river communities. Hershey Ice Cream Sundaes are free to the public along with bakery cookies. There will be music and yard games, and the Visitors' Center will be open that day.

CHICKEN AND BISCUIT DINNER

THIRD WEDNESDAY OF EACH MONTH 7/19, 8/16, 9/20, 10/18 & 11/15

Serving from 3 PM till gone. Take-outs ONLY! Adults \$15.00

(Please have exact cash)

Three Mile Bay Methodist Church

8580 State Route 12E, Three Mile Bay, NY



The Blue Heron

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7/15, 8/12, and 9/9

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Take-Outs Only
Pricing will be posted monthly on sign
Three Mile Bay Fire Co. Inc.

8581 State Route 12-E, Three Mile Bay, NY

Chaumont – Three Mile Bay Chamber of Commerce 2023 Amateur Photo Contest

- 1. Photos must be developed to a 4"x6" or 5"x7" size, no mat needed.

 Registration form (use this or the one at GS&L):
- 2. Photos must be taken in the Town of Lyme
- On the back, please place a short description/location, as well as your name, address, and phone number.
- 4. Limit of *THREE* pictures per person.
- 5. Photos become property of the Chamber of Commerce and may be used by the Chamber.
- 6. Photos may be submitted by being dropped off at the Chaumont branch at Gouverneur Savings and Loan in Chaumont by August 21, 2023.
- 7. Winner will be announced at the Annual Chamber dinner on August 28, 2023 (please note it is EARLY this year!). Dinner is open to everyone.

Name
Address
Phone No
Description/Location where photo was taken:

For more information, email: chaumontchamber@yahoo.com

JULY 2023								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
						LCC - 8 AM Bootcamp - Mary 1		
2	3	LCC - 8 AM 4 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 10 AM 5 Pilates - Maria LFL - 11 AM - Storytime	LCC - 8 AM Total Body - Mary 6 LCC - 9 AM Gentle Yoga - Leah LFL - 11 AM - Susan Mathis Meet & Greet	Submissions for the August '23 7 Lyme Light are DUE! LCC-11 AM-5PM Farmers' Market LFL - 2 PM - Zoo NY	LCC - 8 AM Bootcamp - Mary 8		
9	LCC - 11 AM - 10 Off for Aging Lunch	LCC - 8 AM Total Body - Mary 11 LCC - 9 AM Gentle Yoga - Leah LFL - 6 PM - Randy McIntyre Book signing	LCC - 10 AM Pilates - Maria LFL - 11 AM - Storytime	LCC - 8 AM 13 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 11 AM-5PM 14 Farmers' Market	LCC - 8 AM Bootcamp - Mary 15 Tibbetts - 10 AM 1000 Islands Cycling Tour		
LHC - 2-4 PM - 16 Indigenous Land Management in ELO	17	LCC - 8 AM 18 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 10 AM Pilates - Maria LFL - 11 AM - Storytime LCC - 11:30 AM Floral Arranging	LCC - 8 AM Total Body - Mary LCC - 9 AM Gentle Yoga - Leah LCC-630PM-BUNCO	LCC - 11 AM-5PM21 Farmers' Market LFL - 1 PM - Princess Storytime	LCC - 8 AM Bootcamp - Mary ²²		
23	LCC - 11 AM - 24 Off for Aging Lunch LPAC - 6 PM - Hot Kogan	LCC - 8 AM Total Body - Mary LCC - 9 AM Gentle Yoga - Leah LFL - 7 PM - Essential Oils	LCC - 10 AM Pilates - Maria LFL - 11 AM - Storytime	LCC - 8 AM 27 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah Village - Brush dean up	LCC - 11 AM-5PM28 Farmers' Market	LCC - 8 AM 29 Bootcamp - Mary ² Chaumont/ Three Mile Bay Community Days		
BBQ & Blues - Noon - 5PM 30	31							

The calendar of events listed here is a general guide. Please check with the respective organization in regards to possible changes in dates and times. Please note - sometimes not all activities are listed due to space considerations. To submit events for the calendar, please send them to **lymelightnews@gmail.com**. Thanks! - Lyme Light News editor

AUGUST 2023								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		LCC - 8 AM 1 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 10 AM Pilates - Maria LFL - 11 AM - Storytime LFL - 2 pM - Mermaid Storytime	LCC - 8 AM 3 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	Submissions 4 for the Sept-Oct '23 Lyme Light are DUE! LCC - 11 AM-5PM Farmers' Market	LCC - 8 AM Bootcamp - Mary 5		
6	LCC - 11 AM - 7 Off for Aging Lunch OBI - 5:30 PM - 8PM - Annual Gathering	LCC - 8 AM Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 10 AM 9 Pilates - Maria LFL - 11 AM - Storytime	LCC - 8 AM 10 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 11 AM-5PM 1 1 Farmers' Market	LCC - 8 AM Bootcamp - Mary 12 LFL - 9AM - 2PM - Book Sale, etc.		
Tibbetts - 1-4 PM 13 Jean Cougler Day Ice Cream Social	14	LCC - 8 AM 15 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 10 AM Pilates - Maria LFL - 11 AM - Storytime	LCC - 8 AM Total Body - Mary 17 LCC - 9 AM Gentle Yoga - Leah LCC-630PM-BUNCO LFL - 6:30PM - Trivia @ The Crescent	LCC - 11 AM-5PM 18 Farmers' Market	LCC - 8 AM 19 Bootcamp - Mary Town-wide Yard Sale Days		
LHC - 2-4 PM - 20 Native American Story in our Region Town-wide Yard Sale Days	LCC - 11 AM - 21 Off for Aging Lunch Ch/TMB Chamber - Photo contest DUE!	LCC - 8 AM 22 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah LFL - 7 PM - Essential Oils	LCC - 10 AM Pilates - Maria LFL - 11 AM - Storytime	LCC - 8 AM 24 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 11 AM-5PM 25 Farmers' Market LCC - Lunch Bunch - Shangri La	LCC - 8 AM Bootcamp - Mary 26		
27	LPAC - 6 PM - 28 Ferguson & Rogers LCC - Dance Performance Ch/TMB Chamber - Annual Dinner	LCC - 8 AM 29 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah	LCC - 10 AM Pilates - Maria LFL - 11 AM - Storytime	LCC - 8 AM 31 Total Body - Mary LCC - 9 AM Gentle Yoga - Leah Village - Brush dean up				

Lyme Community Foundation

P.O. Box 601 Chaumont NY 13622-0601

Monday Music on the Lake

6 PM at the Bicentennial Park, Chaumont.



This popular North Country band covers songs from the '60s to today, performing a wide variety of music from rock to country to R&B. Their talent and high energy have gained them a large following across the region.

August 28 - FERGUSON & ROGERS

With a combined 110 years of music experience, Paul Ferguson (keyboard/bass/vocals) and DJ Rogers (drums/ vocals) play "the music you grew up with" including classic hits from the '50s, '60s and '70s.

The *Monday Music on* the Lake concert series is made possible with the support of a grant from the **Northern New** Community York

Northern New York **Community** Foundation Foundation.

Lyme Performing Arts Council

The Lyme Performing arts Council is dedicated to providing live performances by skilled artists for the residents, both permanent and seasonal, of the Town of Lyme and surrounding communities.

